

## **COOLSPORTZ GUIDANCE FOR SAFE PLAY**

We will continuously be reviewing the guidance released by the LTA, Government and Public Health England and our policies and practices may change in line with this over the coming weeks and months so we thank you in advance for your patience and understanding whilst we adjust the way we all work and play. The safety of our team, juniors and their families are our priority so please support us in respecting the guidance set out here.

Please be aware that undertaking any activity, including tennis, has the potential for increased risk of transmission of COVID-19, please can you read the Government's guidance on staying safe outside your home.

### **Before Taking Part:**

All coaches and participants should undergo a pre attendance self-assessment for any COVID-19 symptoms using the information on the NHS website before leaving home.

No-one should leave home to participate in tennis/sport if they, or someone they live with, has symptoms of COVID -19, currently recognised as any of:

- A high temperature - A new, continuous cough
- A loss of, or change to, their sense of smell or taste

Should an individual have demonstrated any such symptoms, they must follow NHS and PHE guidance on self-isolation

### **On Arrival**

- Please can we ask you to wait in your car until the previous group/person has left. Once the lesson has finished please can we ask you to leave straight away.

### **Equipment**

- Players should bring their own equipment where possible.

### **Toilets & First Aid**

- The clubhouse will be open for the use of toilets and filling up drinks and for the use of First Aid. Please wear a mask if you enter the clubhouse

### **MEDICAL INFO & ANY OTHER INFO**

- Please bring any medical apparatus with you if required (I.e inhaler/EpiPen). Please notify your coach if your medical information has changed or any contact numbers have changed.

### **Social Interactions & Hand Hygiene**

- Please limit your interactions with anyone outside of the group you are attending (e.g. players on another court or in a different coaching group), and you should continue to maintain social distancing from those that they do not live with or are in a support bubble with.
- Social distancing between players, and between the coach and players should be maintained at all times
- Hand hygiene is imperative - hand sanitise at intervals if you have to touch communal surfaces, so please bring Hand Sanitiser with you. Avoid touching your face & If you need to sneeze or cough, do so into a tissue or upper sleeve